

Executive Coaching



- Do you want to maximise your leadership potential?
- Do you want to define your leadership style and develop strategies for growth?

Executives face unique challenges

Do you face competing demands on your time and expertise?

Does your high powered role impact your ability to develop your professional skills?

Do you want the opportunity to pause and consider where to next?

It's a difficult job balancing competing demands, dealing with economic uncertainties, and challenges with team management and business decisions. Everest executive coaching takes a flexible approach to one-on-one coaching. While objectives and outcomes are unique to each individual typically we explore:

- Performance improvement and maximising potential
- Gain clarity and purpose to span your leadership journey
- Recognise limiting behaviours that could be holding you back
- Discover your blind spots; how you perceive yourself vs how others perceive you
- Explore current challenges and better manage diverse demands
- Understand reaction modes under pressure and in conflict
- Effectiveness in key development areas
- Build your existing skills to gain strategic influence and effective cultures
- Develop your ability to handle chaotic business demands and change challenges

Executive Coaching Package includes:

- Two, one-on-one coaching sessions per month over 12 months
- 360 Degree Survey
- Leading with Emotional Intelligence, 2-day workshop
- MSCEIT assessment and debrief

\$800+GST per month/12 months.

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