

Cuts	<ul style="list-style-type: none"> • If serious dial 111, ambulance • If not, apply pressure to wound • Cover with clean dressing
Burns	<ul style="list-style-type: none"> • If serious dial 111, ambulance • Or hold under cold water 10 minutes • Dry and cover
Electric shock	<ul style="list-style-type: none"> • Shut down electrical circuit • Dial 111, ambulance • Get defibrillator • Use non conductive materials to move patient
Eye Injury – metal in the eye	<ul style="list-style-type: none"> • Cover the eye • Seek medical assistance • Do not attempt to remove the metal
Eye injury – chemical or liquid	<ul style="list-style-type: none"> • Bathe the eye with lots of water • Seek medical assistance if required
Fumes	<ul style="list-style-type: none"> • Remove to fresh air • Dial 111 ambulance if needed • Defibrillator, CPR if required
Broken bones	<ul style="list-style-type: none"> • Dial 111, ambulance • Immobilise limb • Raise area and apply ice if possible
Heart attack	<ul style="list-style-type: none"> • Dial 111, ambulance • Get defibrillator • Perform CPR if required

Print, laminate and cut out for a matching the injury with the treatment activity