

Torque	Power
Turning force that is produced by the engine	Rate or speed at which work is done
Engines with high torque will reach maximum acceleration faster from a lower RPM when the accelerator is applied	Engines with high power can carry more weight for further distances over a period of time.
Engines with high torque are ideally suited for towing and carrying loads	Engines with high power are ideally suited to travelling at high speeds
Torque can be measured in <ul style="list-style-type: none"> • Nm (Newton metres) • Lbf.ft (pound foot) • Kg.m 	Power can be measured in <ul style="list-style-type: none"> • Watt • Kilowatt • BHP (brake horse power)
The rotating force of the flywheel is measured in torque	Power can be measured using an engine dynamometer